

WEST COAST MASTERS CYCLING COUNCIL Inc.

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Newsletter September 2005

Forthcoming Events

25/26 September – AWT 2 day race

Noms 7 days in advance

A, B, C, D grades. Noms \$5 per race or \$15 if nominating for all four races.

Over \$2,000 in prize-money, plus trophies

25 September:

9.00am - 11km TT Herne Hill;
12.00pm - Gr. Scr Herne Hill.

26 September:

9.00am - Gr. Scr Pickering Brook;
2.00pm - Criterium at Kewdale.

Race points will be allocated for each race. Prize-money to be awarded to riders in each division accruing the greatest aggregate points. Points for each race will be 10, 8, 7, 6, 5, 4.

No prize-money will be allocated for individual races.

Rose Preedy points will be awarded for the overall positions only, and only one allocation of starter points will be made.

So riders will gain Rose Preedy points as if they had ridden a normal one-day race.

Sunday 2 October – 'Lakes Bikes' WCMCC Road Age Championships, Wandri

Start at corner of Brooks Place/Wandri Drive. Some rescheduling may take place, so get there at least 30 mins before time.

<u>Dist.</u>	<u>Age Div</u>	<u>Start time</u>
72 km	35-39 years (8 laps)	9.00
45 km	65-69 years (5 laps)	9.02
36km	70-74/75 plus (4 laps)	9.04
54 km	55-59 years (6 laps)	9.06
72 km	40-44 years (8 laps)	9.08
72 km	45-49 years (8 laps)	10.20
60 km	50-54 years (7 laps)	10.35
54 km	60-64 years (6 laps)	10.45

Approx time of finish 12.20

Women will ride with males two divisions above their age group.

Cash & medals (1st in each div. \$50, courtesy Lakes Bikes + place prizes).

Note that any divisions with 5 or fewer competitors will ride in a combined bunch but compete for medals in their 5-year age division. Cash prizes allotted to the combined group only.

Noms must be in by **Tuesday 29th September**, as a programme will be

printed and medals will have to be engraved.

Contact Dom Bruehwiler: 0417-938-912.

9 October - 'Trade Link' 62km Spring Handicap, Mandogolup

Start - corner Anketell/Mandogolup Roads at 9.00am.

Stan Fennell's hardy annual promises lots of delights – over **\$2,300 in prizes.**

Noms (\$10) to Dom Bruehwiler **7 days in advance.** Tel. 0417-938-912

16 October – ATTA's 28km 'Grand Prix des Gents' 2-up Time Trial, Mundijong

Start 8.00am.

Find a partner and nominate with Peter Meyer 9384-2568. Preferably do so on the ATTA webpage: <http://www.atta.asn.au/>

Fastest pair, and age standard awards.

AVCC National Championships Ballarat 28-30 October

Application forms available from Denis Robinson or myself for the national titles, or Contact: Victorian Veterans C.C., C/o Ray Aldridge, P.O. Box 200, Torquay, Vic. 3228. The events include a 22km Time Trial, Criteriums and Road Race championships. Attend the championship dinner with Phil Anderson – Tour de France Yellow Jersey holder and stage winner (\$45 per ticket).

Noms close on 11 October.

Anyone wishing to book accommodation at Ballarat might like to try the Avenue Motel, tel. 03-53341303 or email: avenue@netconnect.com.au or check the web site at www.avenuemotel.com.au

Race Results

20 Aug. – Collie Lowden Handicap 67km Race Report through the eyes of 'Limit'

Weather fine, short nicks, short sleeves and summer long sleeves was the dress of the day for riders. Dennis, Tony & Kevan took off like startled Gazelles. Some Scratch riders were 100m down from the start line with their bikes half out on the road to slow us down. Dennis actually turned right, out of the main street this year (at the correct corner). We had a lovely

ride, doing turns with only trees to look at all the way out to Mumballup. The two skinny blokes had to wait once for the little fat bloke on a hill, however from then to Lowden the pace was high. Then it was Tony's turn to blooper, or should I say turn right instead of a 180*. The party was over as we saw the two groups behind us, going towards Lowden and before we were half way back to Mumbalup, we saw two rather large bunches the last had some Parker boys. One of the Limit boy's said there goes Scratch, so any others are stragglers. So we picked up the pace and held out until Mumbalup. I had a quick look behind as we turn for home; we just made it to Mumbalup.

The first hill after Mumbalup saw Limit caught. I soon lost sight of my two mates as a steady stream of small groups and single riders passed me. By the time I had arrived to salute 'Toti most riders had passed and I was now having to drink with my left hand because I needed the strongest arm to hold the handle bars, my left had collapsed. Paul Barizza went past and said riders coming, that made me go faster only because I started to cover more ground going from one side of the road to the other. Oh yes! I did pass some one on a big hill 'Denis Robinson'. He dropped his toolbox and stopped to pick it up. Just having a rest before he caught me up again. Just as he did Dereck McVickers and one other went past us on the same hill and said 'get on the back you pair of ... (something starting with old). Denis took him seriously, I went as well, for a couple of metres, then remembered who won last year. Never saw Denis again. Paul Barizza, please do not talk to me when I am crawling up a hill, I couldn't care less, even if a truck wanted to pass. From that point on I kept my place in the queue to the finish line.

I thought it was great to be in the same race as the one that Matt Poyner broke the course record by 2mins. Most people I spoke to after the race said it had been the hardest race they could remember for a

long time. Big thank you to Evan Strudwick for calling me home to the line by name and as President of the West Coast Masters. Thanks mate! Oh my, how hard am I going to train for next year!

The real big story of the day was that we only had two flat tyres (may have been three flat tyres – Roger Woolley wrote in Peel’s newsletter Dave Berglund had a flat as well?); one, Bret Shortland, was fixed and finished, the race. Steve Berglund had a flat, was picked up by a person from the WACF who drove him into Donnybrook and then back to Collie – nice countryside Steve? Sorry folks if all the placings aren’t recorded but we concentrated on the prize placings.

- 1st. Matt Poyner (Scr)
 2. Andrew Brierley (Scr)
 3. Paul Barizza (2m 30s)
 4. Steph Ratcliffe (2m 30s)
 5. Dom Bruehwiler (2m 30s)
 6. Chris Glasby (Scr)
 7. Duncan Faux (8m)
 8. Rob Suter (5m)
 9. Dave Berglund (5m)
 10. Dave Bebee (11m 30s)
 11. Bob Barnes (5m)
 12. Perry Oliver (15m 30s)
 13. Ken Harvey (8m)
 14. Larry Ross (18m 30s)
 - 15 A Clark (15m 30s)
- Fastest Time: Matt Poyner 1h 51m.24s –
Course record.

Kevan Logan

28 August – Herne Hill Graded Scratch

The drought broke at last! Buckets of rain during the race for a change, but looking at the bright side, it was quite warm for the brave 39 entrants and the sun shone after the finish!! There was some drama when over half of ‘D’ grade was involved in a bit of a hassle on the final lap. A few folks lost bark off their trunks but otherwise appeared to be ok. Only Shane White, on his comeback ride after a month or two of flu, and Jim Campbell suffered anything more serious. Hopefully, there’ll be a quick recovery and they’ll both soon be back in the ranks.

Perhaps it was the rain, but from the line it didn’t appear as if anyone in the four divisions worked hard to get away, each group (other than ‘D’) being intact up to the finishing straight. Without the camera this promised confusion for the two judges but each bunch kindly obliged when sprinting to leave enough gap for them to note every rider as they crossed the line. In ‘A’ grade Andrew Brierley took a long sprint and had time to look back at Dave Townson trying to get to his wheel, while Russell Fulton now on the path to fitness finished third when holding off Paul Moke, while a delighted Tony Beaumont recorded his best result for some time when taking fifth. Steph Ratcliffe in sixth, earned himself a couple of extra points for the Rose Preedy Trophy, while his major competitor for the award, Roy Swift, was unlucky enough to have a DNF following a puncture, when riding in ‘C’ grade.

‘B’ grade were only seven strong to start, and was down to five with a lap to go as Alan Clark valiantly stopped to attend to wife, Sheona, who was mixed up in the ‘D’ grade fall, and Bob Stephens slid off the road after a couple of laps never again to catch the field. Even though few in number, the finish was the most exciting of the day as Brett Shortland took what looked like an unbeatable lead on the finishing straight, only to be taken in the last 10 metres by a flying Mick Russell. Terry Skinner was a close third – but only just – as he punctured after pulling up at the line.

‘C’ grade was led in by Colin Rossiter, having recovered from his hectic overseas schedule that saw him fall by the wayside the previous week at the Collie-Lowden event. This followed his trip to Canada for the Worlds Masters and World Police & Firemans Games. Second in line was the consistent Mark Burke, while David Equid continued to impress with a solid third, just ahead of Derek Mayall and the rest of the group.

Following their misfortune in ‘D’ grade, those who were in front of the fall and those who managed to get around the

fallen, had a fairly easy ride to the line. Barrie Johnston was first to finish but his strength would probably have gained him that place even if the bunch had remained intact. Denis Robinson finished a good second, while the President who had felt someone clip his back wheel during the fall came in a comfortable third. Ray Craig came in next a little worse for wear but still having the energy to curse the unfortunate who had been victims further back on the road.

'A' grade - 77km (7 laps)

1. Andrew Brierley; 2. Dave Townson;
3. Russell Fulton; 4. Paul Moke;
5. Tony Beaumont; 6. Steph Ratcliffe;
7. Paul Barizza; 8. Merv Byford;
9. Dom Bruehwiler; 10. Simon Brough;
11. Rob Suter; 12. Gary Wright.

Lap average: 18m 05s

'B' grade - 66km (6 laps)

1. Mick Russell; 2. Brett Shortland;
3. Terry Skinner; 4. Geoff Marshall;
5. Andrew Duff. Lap average 19m 15s.

'C' grade 55km (5 laps)

1. Colin Rossiter; 2. Mark Burke;
3. David Equid; 4. Derek Myall;
5. Trev Robson; 6. Paul Crespi;
7. Derek McVickers. Crespi;
6. Kevin Hart. Lap average: 21m 30s.

'D' grade - 44km (4 laps)

1. Barrie Johnston; 2. Denis Robinson;
3. Kevan Logan; 4. Des Williams;
5. Ray Craig; 6. Jack Iveson;
7. Chris Hunt; 8. Jim Campbell.

Lap average: 22m 30s.

11 September - Graded Scratch, Chidlow 'A'

A 10.00am start meant that the chill of Perth's coldest couple of nights on record had dissipated before riders line up at the start. The course again had the thumbs up from the 40 starters, despite the final climb to the finish catching out a few of the not-so-fit. 'A' grade with eight relatively equally matched riders saw a couple of attempts to break up the bunch, the most successful following aggressive riding by Matt Tognini and George Miller when they

opened up a slight gap with 5 laps to go, though they were soon brought back to the pack. However, it was the same two riders who featured in the top placings in the sprint, with Paul Barizza coming in with a strong performance into third place, while 'old man' Ratcliffe took a few more points for his Rose Preedy competition quest when finishing fourth.

'B' grade witnessed steady riding until three laps to go when Alan Clark and Danny Gillespie took it into their minds to put in a huge attack, passing the judge with a minute lead over the bunch. However, Alan 'did his dash' and the following lap was grovelling at the rear of the bunch while Danny continued to solo, riding to glory with a three-minute lead, and certain promotion up the ranks. In the bunch sprint, the bobbing figure of Wal Crowley was seen approaching the finish in what looked like a certain second position - that is until about 10metres to go, when he visibly slumped and was overtaken by Laurence Wynne. However, Wal seemed happy, as this was his return race after a lay-off. Bob Stephens finished close behind for third, just ahead of Terry Skinner who had ridden strongly throughout the race.

'C' grade saw no epics, though the inconsistent lap times indicated that something must have been happening at the back of the 11km course. With the Rose Preedy competition coming to a close, all eyes were on close contestant Roy Swift, but he failed to shine on the day. Top man was Derek McVickers who sprinted strongly to a clear lead with regular podium placers David Equid and Trev Robson fighting it out for second place. Derek Myall was close behind, and managed to hold off Len Hall who appeared to have got over his recent lay off and dose of flu, while one of our newest members Barry Johnston did well to come into sixth place on the uphill finish.

As with 'B' grade, the winner of the 'D' event, Carl Mathieson, rode himself to glory and certain promotion when putting

a good five minutes into his group compatriots. Content to ride at their own pace, they were all more-or-less together until a lap to go but on the final drive to the line the bunch broke up. President, Kevan Logan made a mighty effort to finish with a strong sprint that saw him distance himself from Brian Paxman over the final 30 metres, though Brian who hasn't raced for a few weeks was quite happy with his third place. The only female competitor of the day (where have all the females gone??) rode well when finishing in fourth position, but unfortunately one place away from the prize-money.

'A' grade - 77km (7 laps)

1. Matt Tognini; 2. George Miller;
 3. Paul Barizza; 4. Steph Ratcliffe;
 5. Dom Bruehwiler; 6. Tony Beaumont;
 7. Gary Wright; 8. Rob Suter.
- Lap average: 19m.

'B' grade - 66km (6 laps)

1. Danny Gillespie; 2. Laurence Wynne;
3. Wal Crowley; 3. Bob Stephens;
4. Terry Skinner; 5. Bruce Hunt;
6. John Gordon; 7. Andrew Duff;
8. Ken Harvey. Lap average 19m.

'C' grade 55km (5 laps)

1. Derek McVickers; 2. David Equid;
3. Trev Robson; 4. Derek Mayall;
5. Len Hall; 6. Barry Johnston;
7. Roy Swift; 8. Mark Burke;
9. Larry Ross; 10. Paul Crespi;
11. Denis Robinson. Lap average: 21m.

'D' grade - 44km (4 laps)

1. Carl Mathieson; 2. Kevan Logan;
3. Brian Paxman; 4. Sheona Clark;
5. Jack Iveson; 6. Ernst Kreutser;
7. Frazer Deanus. Lap average: 21m40s.

Want a Free Bike?

Earlier in the year we circulated a flyer advertising the 'Great Western Bike Ride'. This is sponsored by Main Roads WA and organised by the BTA and Bicycle Victoria. It commences on 19 March. There are three options: to ride from days 1 to 14 (finish 14 April); days 1 to 8; or

days 8 to 14. There is an entry fee of course but enter before 28th October and you receive a new bike! This is a flat handlebar touring machine with alloy components and 21 speed gears. For details visit www.bv.com.au and search Free Bike. If you didn't receive a flyer then please let me know, or pick one up at the next race you attend.

Just one word of warning for those contemplating the 14 day option – the opening date is the day we run our 2006 criterium championships!

Get Well Soon

A few of our unfortunate brethren have been out of action lately: Jim Campbell and Shane White with shoulder problems after the recent Herne Hill fall, Roy Abbott who is also recovering after surgery to his shoulder, and Ian McFall who has had reconstruction work on one of his ankles. We wish them all a speedy recovery and look forward to seeing them in the saddle again.

Rose Preedy Memorial Points Score

With only the Dog Hill event, the 2-day tour, the 'Lakes Bikes' championships at Wandi, and the Graded Scratch at Herne Hill on 23rd October to go, the competition at the top looks really hot. Please, no pumps in wheels or tacks on the road, and may the best guy or gal win! Of course the fellows with only five points have a lot of ground to make up!

Ratcliffe Steph	182
Swift Roy	180
Bruehwiler Dominic	176
Crespi Paul	170
Robinson Denis	169
Stephens Bob	167
Clark Sheona	166
Paxman Brian	164
Mayall Derek	163
Barizza Paul	162
Brierley Andrew	162
Muston Graeme	149
Iveson Jack	143

Landon Fred	136
Robson Trevor	132
McVickers Derek	130
Ross Larry	130
Marshall Geoff	126
Berglund Steve	119
Duff Andrew	118
Gillespie Dan	117
Harvey Ken	113
Wright Gary	113
Shortland Brett	102
Clark Alan	101
Russell Michael	98
Wynne Laurence	98
Beaumont Tony	93
Dodd Stephen	90
Master Ron	89
Lally Wayne	85
Boterhoven Gary	84
Moke Paul	84
Hall Len	81
Burke Mark	80
Equid David	80
Townson Dave	80
Byfield Merv	78
Crowley Walter	76
McFall Ian	76
Rossiter Colin	74
Russell Bob	74
Nangle David	72
Tognini Matt	72
Millar George	71
Prior Carrie	71
Eversden Barry	70
Logan Kevan	70
White Shane	70
Craig Ray	68
Hunt Bruce	67
Poyner Matt	66
Williams Des	66
Suter Robert	64
Arnold Paul	62
Petterson Mark	62
Glasby Chris	59
Faux Duncan	53
Wighton Paul	53
Churchill Rick	51
Nagy Attila	50

Preedy Vince	50
Bennett Janet	48
Miller Darren	48
Berglund Dave	47
McDonald Elizab.	47
Hutson Dave	46
Leaker Mark	45
Fulton Russell	44
Butler Mark	43
McGowan Robert	43
Bebee Dave	42
Van Merwyk Tony	42
Barnes Robert	41
Carton Stephen	40
Edinger Richard	40
Hare Paul	40
Librizzi Mario	40
Mujis Colin	39
Hart Kevin	38
Hales Roger	37
Mentor Bill	37
VanVliet John	37

For further points placings, see the web.

Future of Track Racing

Bob Barnes wishes to draw attention of track riders to the following:

‘At the recent W.A.C.F. track committee AGM I was nominated to be the Masters rep on the committee. If you have any thoughts about the track racing please let me know, as if we do not get the riders then masters racing might be withdrawn. The allotted time in the meetings is very short and it’s difficult to include all the races that riders would like, while the requirements of the state teams has also to be considered. I look forward to all comments. Bob can be contacted at: e.mail: aussiebobarnes@bigpond.com Tel. 93372423.

(you might care to give him a ring if you intend to participate).

Web Page

Folks – we think that the webpage is up and running. Sorry for the delay. Note the address is slightly different than the old. <http://www.wcmasterscycling.com.au/dom>

MJD/Sept'05

