

WEST COAST MASTERS CYCLING COUNCIL Inc.

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Affiliated to the Australian Veteran Cycling Council (AVCC) and the International Cycling Federation (ICF)



Newsletter April 2006

Forthcoming Events

2 April – Criteriums Wangara

Start at Heritage Stairs, Achievement Way.
Presentation of the Roger Sutton prizes
immediately after completion of racing.
Free B/Bque provided.

9 April Graded Road Scratch, Herne Hill.

Noms at Heren Hill Primary School,
Argyle Road, Start at 9.00am.

'A' 66km (6 laps); 'B' 55km (5 laps); 'C'
44km (4 laps); 'D' 44km (4 laps).

23 April, 'Lakes Bikes' Wandii

Age Div. Races. Start 9.00am

35-44, 45-54yrs 68km (8 laps); 55-64 yrs
59km (7 laps); 65yrs plus 51km (6 laps)

30 April Graded Scratch, Gnangara

Start at the Fairways, Badgerup Road.

'A' 81km (9 laps); 'B' 72km (8 laps); 'D'
54km (6 laps).

7 May, Graded Scratch, Chidlow

Start 9.00am. Noms at the Chidlow

Tavern. Chidlow 'A' course 11km circuit.

'A' 77km (7 laps); 'B' 66km (6 laps); 'C'
55km (5 laps); 'D' 44km (4 laps).

14 May – Mother's Day – training ride

21 May, 'Lakes Bikes' Wandii

Age Div. Races. Start 9.00am

35-47, 48-57yrs 68km (8 laps); 58-67 yrs
59km (7 laps); 68yrs plus 51km (6 laps)

*14 – 17 April, South Pacific Veteran
Cycling Championship, Maryborough, Vic.*

Nomination forms are available with Denis
Robinson or the Secretary for this annual
Easter Classic run by the Victorian VCC.
\$18,000 in prize money. Nominations
close 31st March 2006.

AVCC National Championships 2006, 29 September - 1 October

On Friday 29th October the AVCC national
track championships will be held at the
Adelaide Super-Drome (time trial; pursuit
and scratch championships – road bikes
can be ridden in the Time Trial and pursuit
races).

On the Saturday and Sunday, Time Trial,
Road and Criterium championships will be
conducted in the Goolwa-Milang area
(where some of the Tour Down Under was
located).

For further details contact Denis Robinson
at 93393759 or view the AVCC webpage,
under 'Special Events' at
<http://www.ausvetcycling.com/>

2006 Road Programme

The race committee has drawn up the race
programme for 2006. As well as the

printed copy the Calendar can be viewed and downloaded from our web page: <http://www.wcmasterscycling.com.au/dom>

Race Results

12 February, Kewdale

We almost made it – just one off the magic ton when 99 riders turned up to compete on a pleasantish to warm morn. There was a fair distribution among the grades, 'A' grade having 21 riders, B 24, C 22, D 19 and the ladies race attracting 13 riders. With big bunch finishes it was a good thing that the President was there with the camera to sort out the lower placings so as to put the final word on the close finishes.

First off the mark were the ladies, with Fran Watson and Heather Sanderson in attendance to provide comforting guidance. There was some strong riding which saw Kylie Colum break off the front with three laps to go to build up a solid lead that she maintained to the finish. Andrea Davy gave chase but was unable to match Kylie's speed but still finished in a comfortable second place ahead of Anne Curry and Sam Rivers. With this being the first road race for some of the riders we hope that the experience will result in permanent additions to the club.

'A' grade saw the usual cut and thrust, Greg Staples making the first serious break about the 20-minute mark, while Andrew Brierley and Rob Suter also leapt out of the pack at the 30 minute mark to open a sizeable gap for about three laps. There was little charity among the rest of the field and they were brought back to join the rest in the final mass dash to the finish line. First man across was the diminutive George Miller – one complaint from the bunch being that with his small frame and 26 inch wheels he is hidden from view of those behind, so is able to have a tactical advantage! However, the quality of his win was seen in the rest of the prizewinners whom he beat to the line – Matt Tognini, Doug Stewart, Dave Townson, Paul Moke, Andrew Brierley, plus other fast finishers.

With 24 starters, 'B' grade was a formidable spectacle as it moved up the

straight. Fifteen minutes into the race there was a handy looking break with Ian Logan, Bruce Bussey, Ken Harvey and Dean Code but they were eventually absorbed only for Ken and Deane to take up another attempt in the company of strongman Steve Dodd. However, as with 'A' grade, the bunch was too alert to the danger, with the result that there was another mass dash to the line. It was a delighted Ed Campbell scoring his first ever criterium victory who led in the group, a good five-metres ahead of Barry Whiting, Dave Bebee and other regular place-getters Steve Illich, Gary Boterhoven, Steve Rouse and Andrew Bennett.

'C' grade seemed more composed than the two premier groups, moving at a steady but nevertheless rapid pace. With seven cash prizes in the offing, the sprinters didn't allow anyone too much space and as with the other races the end saw a mass rush to the line. The result was never in doubt as the bright red jersey of Doug Macdonald thrashed off the front of the bunch in a long 300metre sprint, though Bob Stephens was only half a-length behind on the line. Nic Crane in his third or fourth ride again showed his potential when finishing third, while Wayne Lally making a rare appearance rolled Colin Rossiter, Trev Robson and Barry Johnston to fourth.

'D' grade saw a few attempts to break up the bunch. Brian Paxman was one of the animators but the 'crafty ones' didn't let anyone get far and saved their main effort for the last 300metres. Gerry Lawford was the victor, just ahead of Terry Lack making his first appearance of the season, while the old guard of Larry Ross, Ray Craig, Paul Crespi and Des Williams filled the rest of the cash prizes. By the delighted twinkle in the eye of the handicapper it appeared as if Gerry would be saying goodbye to 'D' for some time and as a winner of more than one 'B' grade race last season the prospects of him rising even higher in the pecking order are high.

'A' Grade 50 mins + 2 laps

1. George Miller; 2. Matt Tognini;

3. Doug Stewart; 4. Dave Townson;
5. Paul Moke; 6. Andrew Brierley;
7. Graeme Muston; 8. Gary Collett;
9. Mike Johnston; 10. Alan Clark;
11. Dom Bruehwiler; 12. Mike Lawrence;
13. Greg Stoyles; 14. Wal Crowley;
15. Bryan Williams; 16. Ian McFall;
17. Steph Ratcliffe; 18. Rob Suter;
19. Phil Johnson; 20. Atilla Nagy;
21. Gary Wright.

'B' Grade 45mins + 2 laps

1. Ed Campbell; 2. Barry Whiting;
3. Dave Bebee; 4. Steve Illich;
5. Gary Boterhoven; 6. Steve Rouse;
7. Andrew Bennett; 8. George Larcher;
9. Mario Librizzi; 10. Ian Logan;
11. Deane Code; 12. Laurence Wynne;
13. Steve Dodd; 14. Mike Watson;
15. Frans Karel; 16. Bruce Bussey;
17. Damian Appleton; 18. Rick Churchill;
19. Graham Blyth; 20. Derek McVickers;
21. Trev Holmes; 22. Ken Harvey;
23. Clint Bird.

'C' Grade 40mins + 2 laps

1. Doug Macdonald; 2. Bob Stephens;
3. Nev Crane; 4. Wayne Lally;
5. Colin Rossiter; 6. Trev Robson;
7. Barry Johnston; 8. Roger Scott;
9. Roy Swift; 10. Barry Eversden;
11. Paul Denham; 12. Mark Bonner;
13. Bill Crout; 14. Ben Murdoch – a bit sus after this so will draw a line at this point!

'D' Grade 35mins + 2 laps

1. Gerry Lawford; 2. Terry Lack;
3. Larry Ross; 4. Ray Craig;
5. Paul Crespi; 6. Des Williams;
7. Denis Robinson; 8. Leo Enright;
9. Tony Speechley; 10. Dave Nangle;
11. Frank Kettle; 12. Brian Paxman;
13. Lindsay Froyland; 14. Sheona Clark;
15. Fran Watson; 16. Janet Bennett;
17. Jack Iveson; 18. Jim Campbell;
19. Heather Sanderson.

Ladies 20mins + 2 laps

1. Kylie Colum; 2. Andrea Davy;
3. Anne Curry; 4. Sam Rivers;
5. Aviva Gordon; 6. Helen Cripps;
7. Sabrina Fahrner; 8. Liz McNaughton;
9. Tracy Watson; 10. Andrea Lange;
11. Nicola Burke; 12. Wendy Telfer;

13. Jaqueline O'Toole.

19 February, Kewdale

For the second time in two weeks we topped the 90 mark. There was some excellent riding in all grades even though the wind was a bit on the hefty side as riders hit the finishing straight.

The Women's race attracted 13 riders who battled it out for most of the race. There were a number of breaks but it all came together on the last lap, though Jane Ivey put her head down to finish a good 10 metres ahead of Andrea Davey, Sam Rivers and a surprised Aviva Gardner who didn't realize that she'd ridden so well.

'A' saw some early attempts to break up the field when Darren Strudwick paying us a visit from the country decided to make things buzz. Andrew Brierley was also prominent in surging off the front as were George Miller, Paul Moke and Dom Bruehwiler. Steph Ratcliffe who says he's getting long in the tooth did the only sensible thing for a man of his vintage when he sensed a lull in the proceedings with three laps to go, put down his head and survived at the front while others waited for someone to chase him down. The result saw Steph win by about 250metres. Paul Brown took the bunch sprint while Dave Townson, Darren Strudwick, Pedro Turibaka, Paul Moke and the rest of the mob clung close to his tail.

As on 12th February, 'B' grade started with 24 riders, resulting in lots of action and a hard race. Steve Illich seemed to have ants in his pants as he exercised his limbs in a number of attacks but the field was too cagey to let him or anyone else move more than about 50metres up the road. On the final corner, Grant Alexander did the sensible thing by getting to the front and cutting the corner close, while others switched and chopped to get a position. By the time they sorted themselves out Grant was 30metres up the straight and haring for home. Gary Boterhoven put in a great effort to hold off Steve Lack making his first appearance of 2006, while Steve

Rouse, Dave Hutson, Barry Whiting and the rest of the bunch required the magic eye of the camera to sort out their placings.

It isn't often that we celebrate a female win, but on this occasion Annie Bramley who started off a few weeks previously in 'D' grade was able to show a clean pair of heels to her male compatriots when beating new rider Steve McKiernan and sprinter, Trev Robson, into 2nd and 3rd place. The rest of the group were close behind with Bill Crout, and Barry Johnston filling the remaining cash prize placings.

As with 'C' grade, 'D' had 16 starters. None were more aggressive than Sheona Clark who enjoyed stirring up the field and breaking the rhythm, though it was noticeable that she was not allowed to move too far away. As with the other grades, matters were decided on the final rush to the line, with Paul Crespi sealing his fate in terms of promotion when he beat Leo Enright, Gerry Lawford, Terry Lack and Frank Kettle across the line. Doc Lawrence made his first appearance for quite some time and was content to finish just behind Ray Craig and in front of Tony Speechley.

'A' Grade 50 mins + 2 laps

1. Steph Ratcliffe;
2. Paul Brown;
3. Dave Townson;
4. Darren Strudwick;
5. Pedro Turibaka;
6. Paul Moke;
7. George Miller;
8. Paul Hearne;
9. Gary Collett;
10. Andrew Brierley;
11. Alan Clark;
12. Percy Masiello;
13. Ed Campbell;
14. Graeme Muston;
15. Ian McFall;
16. Mike Lawrence;
17. Gary Wright;
18. Dom Bruehwiler;
19. Bryan Williams.

'B' Grade 45mins + 2 laps

1. Grant Alexander;
2. Gary Boterhoven;
3. Steve Lack;
4. Steve Rouse;
5. Dave Hutson;
6. Barry Whiting;
7. Gavin Brown;
8. Dave Bebee;
9. Trev Holmes;
10. Nick Forster;
11. Frans Karel;
12. Steve Illich;
13. Andrew Bennett;
14. Laurence Wynne;
15. Ken Harvey;
16. Doug Macdonald;
17. Mark Leaker;
18. Rick Churchill;
19. Mario Librizzi;
20. Bob Addy;

21. Steve Dodd;
22. Derek McVickers;
23. Atilla Nagy;
24. Duncan Farrow.

'C' Grade 40mins + 2 laps

1. Annie Bramley;
2. Steve McKiernan;
3. Trev Robson;
4. Bill Crout;
5. Barry Johnston;
6. Barry Eversden;
7. Pat Coolican;
8. Jeff Usher;
9. Roger Scott;
10. Cathi Dixon;
11. Ray Clancey;
12. Rod Babel;
13. Jack Iveson;
14. Pat Briggs.

'D' Grade 35mins + 2 laps

1. Paul Crespi;
2. Leo Enright;
3. Gerry Lawford;
4. Terry Lack;
5. Frank Kettle;
6. Ray Craig;
7. Denis Lawrance;
8. Tony Speechley;
9. Des Williams;
10. Lindsay Froyland;
11. Brian Paxman;
12. Sheona Clark;
13. Janet Bennett;
14. Dave Nangle;
15. Heather Sanderson;
16. Jim Campbell.

Ladies 20mins + 2 laps

1. Jane Ivey;
2. Andrea Davy;
3. Sam Rivers;
4. Aviva Gordon;
5. Mary Cornelius;
6. Liz McNaughton;
7. Leona Paramer;
8. Anne Currie;
9. Helen Cripps;
10. Andrea Lange;
11. Tracy Watson.

26 February, Wangara

Another excellent turnout with 83 riders facing the starter. A bit on the windy side, though as far as the riders were concerned it was blowing in the right direction, when taking them up the rise at towards the finish.

'A' grade went off at a blistering pace. Despite this, Dom Bruehwiler put his head down for a break on the first lap but was soon brought back to the bunch. George Miller and Mike Johnson made a dangerous looking move about the 15-minute mark but the award for aggressor of the day went to Wayne Thompson who blasted off the front with Sam Strk before opening up a gap on his own that lasted for a number of laps. However, on the bell lap all 23 starters were still in contention leading to the now familiar wild bunch charge for the line. Doug Stewart again showed his sprinting prowess when he crossed a length ahead of Wayne

Thompson, with Paul Moke, Dave Townson, George Miller and the rest of the group close behind.

'B' grade saw Carlo Cecchele shine in his role as main animator and as sprint winner of the race. However, 2nd placed Wayne Lally was close on his wheel despite giving him quite a few years advantage – showing that experience can also be a winner. There followed a few familiar faces at the presentation, with Barry Whiting, Gary Boterhoven, Mario Librizzi, new rider Lee Parker, Graham Blythe and our recent Brit acquirement Bob Addy finishing in 8th position. Watch out for this lad when he gets a bit more fitness!

The 19-strong 'C' grade travelled at a fair pace, though there were no obvious heroics off the front. Unfortunately, the camera died as the riders hit the line, though the judges and the claims system sorted out the money placings. Steve McKiernan had a comfortable one-length advantage, while Steve Marks just came over Bob Stephens on the line. The old familiars, Trev Robson and Barry Johnston fought it out for fourth and fifth places, while Annie Bramley once again showed many of the lads how to work in a bunch when finishing in sixth place.

The seventeen starters in 'D' grade moved at a comfortable pace, though there were a few who were dropped half way through the race when facing the long rise. Because of the hard ride into the wind on the back straight they never managed to get back on to the bunch. There was a good fight at the finish with Terry Lack looking good as he took the sprint from Larry Ross and Gerry Lawford – all of whom caught the beady eye of our revered handicapper, Mark Keyser. Leo Enright showed his improving form on the come-back trail when finishing fourth just ahead of Lindsay Froyland, Des Williams and Ray Craig. First lady home was our racing-sec Sheona Clark, while new member Aviva Gordon did well to finish on her wheel in 12th place.

'A' Grade 50 mins + 2 laps

1. Doug Stewart; 2. Wayne Thompson;
3. Paul Moke; 4. Dave Townson;
5. George Miller; 6. Alan Clark;
7. Paul Hearne; 8. Ian McFall;
9. Russell Fulton; 10. Gary Collet;
11. Wal Crowley; 12. Keith Winch;
13. Dom Bruehwiler; 14. Percy Masiello;
15. Brian Farrelly; 16. Bryan Williams;
17. Steph Ratcliffe; 18. Sam Strk;
19. Kim Ford; 20. Mike Johnston;
21. Mike Stothers; 22. Phil Johnston.

'B' Grade 45mins + 2 laps

1. Carlo Cecchele; 2. Wayne Lally;
3. Barry Whiting; 4. Gary Boterhoven;
5. Mario Librizzi; 6. Lee Parker;
7. Graham Blythe; 8. Bob Addy;
9. Kelvin Brook; 10. Dave Bebee;
11. Steve Rouse; 12. Derek McVickers;
13. Grant Alexander; 14. Ian Logan;
15. Dale Commach.

'C' Grade 40mins + 2 laps

1. Steve McKiernan; 2. Steve Marks;
3. Bob Stephens; 4. Trev Robson;
5. Barrie Johnston; 6. Annie Baramley;
7. Mike Bonner, *et. al.*

'D' Grade 35mins + 2 laps

1. Terry Lack; 2. Larry Ross;
3. Gerry Lawford; 4. Leo Enright;
5. Lindsay Froyland; 6. Des Williams;
7. Ray Craig; 8. Jack Iveson;
9. Denis Robinson; 10. Brian Paxman;
11. Sheona Clark; 12. Aviva Gordon;
13. Dave Nangle; 14. Tony Speechley;
15. Jim Campbell.

5 March 2006, Kewdale

A slight drop to 72 riders but still enough to make for four decent-sized fields and some interesting racing. It was probably the warmest day of the year to that date but the 8.30am start meant that the racing was over before the full impact of the sun was felt by the riders.

'A' grade had less fire than in recent weeks but there was still enough action to cause anxious moments for some in the bunch. Perhaps the most interesting feature of the day was the fact that George Miller had to change bikes because of a puncture and yet still went on to the attack and to

finally finish in third place in the group sprint. Magnificent Mick Russell who prides himself on his wheel-sucking ability was the good Samaritan who handed George his substitute machine, and as was later remarked, this was the longest that this particular bike had ever been at the front of the action! While George took third place, he was bested by a flying Dave Townson who finished a bike length ahead of Paul Brown. Darren Strudwick again visiting from the country came in fourth while Paul Moke took the remaining cash prize in fifth place. While Gary Wright finished in last place, it wasn't for lack of trying and was an inspiring ride considering that he had recently had some surgery performed.

'B' grade with 23 riders had the largest field of the day. It was all stops out at times and the field stretched like elastic though no-one was tailed off, leaving most to contend the sprint. Early animators were Steve Dodd and especially Steve Illich who seemed to enjoy himself stirring up his colleagues, while Bob Addy put down his head and soloed away on more than one occasion, only to be brought back to the fold. It was also good to see Wojciech Otwinowski return to racing and also Fred Zarita, both having been absent from our ranks for a year or more. Grant Alexander proved strongest in the sprint, and with this being his second win, the handicapper put a red tick against his name for a future promotion. Joining us as a second generation vet in the club was Martie Van Moorsel who took second place just ahead of Steve Lack, Steve Illich, Mick Russell, Barry Whiting and the rest of the closely bunched field.

For the second week running, the same names appeared at the head of the winning list in 'C' grade, Bob Stephens making a powerful run up the straight to just beat Frank Stephen and Nick Crane. Another regular on the prize-stand, Bill Crout again finished in contention, being placed in fourth place ahead of newly returned Paul Wighton, while Barry Johnston in sixth was one place outside the cash prizes.

'D' grade with 15 starters saw some aggressive riding by Larry Ross and Sheona Clark but the small cohort of sprinters ensured they didn't get too far ahead and all were absorbed before the final lap. There was no surprise when the wild dash up the finishing straight was led in by a flying Gerry Lawford, closely followed by the improving Lindsay Froyland. Despite his earlier efforts, Larry Ross was able to pull off third place, while Denis Robinson improved his performance over recent weeks when beating Ben Murdoch to the line, taking fifth place in the process. Ernst Kreuzer made a return to racing after his accident, while Tony Speechley and Heather Sanderson rode their last crit of the season before returning to 'sunny' England for their summer!! That exclamation was called for by the news that morning that it was a 'cool' minus 7 degrees in Yorkshire where they have their abode.

'A' Grade 45 mins + 2 laps

1. Dave Townson; 2. Paul Brown;
3. George Miller; 4. Darren Strudwick;
5. Paul Moke; 6. Gary Collett;
7. Ian McFall; 8. Dom Bruehwiler;
9. Alan Clark; 10. Wal Crowley;
11. Phil Johnson; 12. Danny Gillespie;
13. Steph Ratcliffe; 14. Rob Suter;
15. Attila Nagy; 16. Mike Lawrence;
17. Gary Wright.

'B' Grade 40mins + 2 laps

1. Grant Alexander;
2. Marty Van Moorsel; 3. Steve Lack; 4. Steve Illich; 5. Mick Russell; 6. Barry Whiting; 7. Mark Leaker; 8. Dave Bebee;
9. Gary Boterhoven; 10. Ken Harvey; 11. Fred Zurita; 12. Bob Addy; 13. Bernie Jenkinson; 14. Andrew Bennett; 15. Wojciech Otwinowski; 16. George Larcher
17. Mario Librizzi; 18. Damien Appleton;
19. Doug Macdonald; 20. Theron Benthien; 21. Bruce Bussey; 22. Steve Dodd; 23. Rick Churchill.

'C' Grade 35mins + 2 laps

1. Bob Stephens; 2. Frank Stephens;
3. Nick Crane; 4. Bill Crout;

5. Paul Wighton; 6. Barry Johnston;
7. Jeff Usher; 8. Trev Robson;
9. Steve Marks; 10. Enzo Cadelli;
11. Terry Lack; 12. Mike Bonner;
13. Cathi Dixon.

'D Grade 30mins + 2 laps

1. Gerry Lawford; 2. Lindsay Froyland;
3. Larry Ross; 4. Denis Robinson;
5. Ben Murdoch; 6. Des Williams;
7. Pat Briggs; 8. Roger Broun;
9. Ernst Kreutzer; 10. Tony Speechley;
11. Ray Craig; 12. Sheona Clark;
13. Dave Nangle; 14. Brian Paxman.

12 March 40km TT Championship

A perfect day with temperatures in the mid 20s and, at least at the start line not a breath of wind – though those in the action did complain of a headwind on the return leg of the course. Eddie Holland took the fastest time award for the second year running, returning a short 54 minute ride, though a few seconds outside his course record. Of the 150 starters, 40 came from our ranks and there was keen competition among the various age divisions for the fastest time. Overall fastest time was recorded by Matt Tognini in 59m 33secs, with our only other under the hour rider being Paul Barizza some 10 seconds slower. The overall age standard awards in both the ATTA open competition and in our own competition went to WCMCC riders – Lorraine Schutz once more pulled off a fine victory with a plus of 16m 23s; evergreen Steph Ratcliffe had a plus of 14m 12s to take the silver medals, while Derek Mayall did an excellent ride for a plus of 11m 05secs to take bronze. There were a few riders who came close – Terry Skinner with a plus 10m 28s and Len Hall plus 10m 01. Better known for his sprinting than his time trialling, Colin Rossiter surprised with a plus 9m 28s, while Brian Paxman at 76 years of age on plus 9m 16secs was also on target. Hal Burdon, the oldest rider in the field at nearly 83 years of age rode superbly for a plus 9.07 and a time of 1h 21m 7secs that put to shame riders more than 60 years his junior. Fran Wason was a bit disappointed with her ride but with a 1h 17m 59s ride

she turned in a very respectable age standard of plus 8m 57. Mike Stothers should have taken the handicappers prize for a standard that reached its target when finishing exactly as the standard dictated.

Results are shown in grades, with points being awarded on fastest times in each division for the Rose Preedy Road Points Competition.

35-39 years

1. Matt Tognini 59m 33s +4.03;
2. George Miller 1h 3m 45s +00.19;
3. Michael Johnston 1.04.46 -00.13;
4. Ed Campbell 1.06.04 -1.02.

40-44 years

1. Paul Barizza 59.44 +5.47;
2. Phil Diesel 1.04.07 +1.53;
3. Phil Johnston 1.04.08 +2.52;
4. Duncan Farrow 1.05.11 +1.19;
5. Mike Stothers 1.06.30 +/- 00.00;
6. Alan Clark 1.07.29 +00.31;
7. Paul Laidman 1.09.45 -2.15.

45-49 years

1. Graeme Muston 1.02.30 +7.02;
2. Mike Bonner 1.09.32 -1.01;
3. Steve Illich 1.09.55 -1.24.

50-54 years

1. Danny Gillespie 1.06.57 +4.41;
2. Mark Burke 1.08.18 +3.52;
3. Steve Ware 1.10.02 +0.33.

55-59 years

1. Steph Ratcliffe 1.01.16 +14.12;
2. Paul Wighton 1.11.30 +1.45.

60-64 years

1. Terry Skinner 1.06.08 +10.28;
2. Bob Barnes 1.07.33 +8.29'
3. Ken Dupuy 1.14.45 -3.07;
4. Tony Speechley 1.17.30 -0.20;
5. Paul Crespi 1.18.13 -1.03.

65-69 years

1. Colin Rossiter 1.09.27 +9.28;
2. Len Hall 1.11.17 +10.01;
3. Terry Lack 1.13.33 +7.45;
4. Denis Robinson 1.16.00 +5.55.

70-74 years

1. Derek Mayall 1.12.03 +11.05.

75-79 years

1. Brian Paxman 1.17.01 +9.16.

80-85 years

1. Hal Burdon 1.21.07 +9.07.

Women 30-34 years

1. Cathi Dixon 1.14.30 -3.24.

Women 45-49 years

1. Sheona Clark 1.21.32 -4.02.

Women 50-54 years

1. Lorraine Schutz 1.04.19 +16.23.

Women 55-59 years

1. Heather Sanderson 1.25.53 -2.45.

Women 60-64 years

1. Fran Watson 1.17.59 +8.57.

Overall Championship on Age Standard

Gold Lorraine Schutz +16.23;

Silver Steph Ratcliffe 1.01.16 +14.12;

Bronze Derek Mayall 1.12.03 +11.05.

19 March Age Division Criterium Championships, Rockingham

Despite competition from the Freeway Bike Week Ride, the criterium championships saw 85 starters out of the 93 nominations. Conditions were pleasant if a little hard on the back straight and it was only towards the end of the day when the 45-49 year group were in action that the heat began to tell, a situation which saw great drama as Mike Lawrence supporters tried to hand him up a bottle! There was some good attacking riding in most divisions but convention dictates that for championships we don't give blow-by-blow accounts of the various races. But, congratulations to the medal winners and for all riders for making the day a success. Results count for the Roger Sutton Points Competition.

35-39 years

Gold - Matt Poyner; Silver - Paul Brown;

Bronze - Pedro Turibaka;

4. Darren Strudwick; 5. Paul Hearne;

6. George Miller; 7. Doug Stewart;

8. Barry Whiting; 9. Greg Stoyles;

10. Matt Tognini.

40-44 years

Gold - Andrew Brierley;

Silver - Paul Barizza;

Bronze - Jim Gibson;

4. Phil Diesel; 5. Carlo Cecchele;

6. Phil Johnston; 7. Martie Van Moorsel;

8. Alan Clark; 9. Tony Tucknot;

10. George Law; 11. Bruce Bussey;

12. Nick Crane; 13. Steve Marks.

45-49 years

Gold - Paul Moke;

Silver - Graeme Muston;

Bronze - Merv Byfield;

4. Mike Lawrence; 5. Gary Collett;

6. Percy Marsiello; 7. Dave Berglund;

8. Wojciech Oskinowski; 9. Rob Suter;

10. Kevin Cottier; 11. Steve Dodd;

12. Paul Slocombe.

50-54 years

Gold - Dave Townson;

Silver - Stuey Stockdale;

Bronze - Ian McFall;

4. Danny Gillespie; 5. Ken Harvey;

6. Rick Churchill; 7. Attila Nagy.

55-59 years

Gold - Steph Ratcliffe; Silver - Ian Logan.

60-64 years

Gold - Terry Skinner;

Silver - Doug Macdonald;

Bronze - Bob Stephens;

4. Trev Robson; 5. Gavin Brown;

6. Bob Barnes; 7. Ben Murdoch;

8. Paul Crespi..

65-69 years

Gold - Bob Addy; Silver - Colin Rossiter;

Bronze - Wayne Lally;

4. Len Hall; 5. Terry Lack; 6. Stan Baker;

7. Barry Eversley; 8. Tony Van Merwyk;

9. Denis Robinson.

70-74 years

Gold - Leo Enright; Silver - Roy Swift;

Bronze - John Mogg;

4. Jack Iveson; 5. Larry Ross.

75-79 years

Gold - Gerry Lawford;

Silver - Des Williams;

Bronze - Tom Atkinson;

4. Ray Craig; 5. Brian Paxman.

Women 45 - 49 years

Gold – Sheona Clark

Women 60-64 years

Gold – Fran Watson

Vets 'Westral Speed Dome 28 Feb.

The John O'Sullivan Masters Westral six-lap handicap attracted 16 starters all keen to honour the memory of one of our past sprint aces and to wear the sash and trophy presented by Winsome O'Sullivan and other family members. Both Matt Poyner and Steph Ratcliffe put their seal on proceedings when winning the 1st and 2nd heats respectively. In hindsight, the secretary/handicapper could have been much kinder to the long markers, though the eventual winner Matt Poyner would have been difficult to beat as he appeared as fresh after the final as at the start of the evening's racing, while some of the longmarkers looked a bit on the seedy side after the heats. As it was, Matt went home with the trophies and \$170 in his pocket and Steph who took second in the final with \$120, thus pointing to the financial advantages of riding short distance track events rather than long-suffering and extended races on the road! Third place went to Terry Skinner off the 30m mark while Colin Rossiter was able to hold off Mick Russell for 4th place – quite an accomplishment when noted that a few days earlier Mick had won the Midland CCs 'Westral' handicap at the same venue. In the consolation race, Denis Robinson looked the likely winner as they entered the final lap but an attentive Bob Barnes was too strong, going around Denis on the final banking to score a two-length victory. Thanks to Amanda O'Connor for raising funds for the event and for Murray Hall and Brian Taylor for allowing us to impinge on their track training night.

Westral Final

1. Matt Poyner (scr); 2. Steph Ratcliffe (25m); 3. Terry Skinner 30m; 4. Colin Rossiter (60m); 5. Mick Russell (35m); 6. Garth O'Leary (40m); 7. Alan Clark

(35m); 8. Mario Librizzi (50m); 9. Dave Bebee (40m); 10. Frans Karel (50m).

Consolation Westral

1. Bob Barnes (90m); 2. Denis Robinson (115m); 3. Pat Briggs (100m); 4. Leo Enright (115m).

Rider Profile – a versatile career

Like a number of the club's current batch of 'E Grade' riders, **Leo Enright** has graduated to E Grade ranks after a distinguished career in cycling. Previously a scratch marker in track cycling, Leo still displays the bike craft of an experienced rider, and on his day, is still capable of unleashing a punishing sprint. Although previously primarily a track rider, Leo also rides the road events. In his own words, these days he is the prime reason officials claim overtime for waiting for him to finish

Leo's cycling career started in 1954 when he was transferred to Narracorte in South Australia, whilst working for the South Australian Railways. He was one of the prime movers in re-forming the local cycling club, and has been involved in cycling ever since that time - over fifty years of active involvement. During this period he has raced in every state of Australia, and throughout New Zealand. His involvement at various times has seen him assume positions ranging from corner steward through to club President.

As a scratch maker in track handicap races, Leo has many fond memories of rides that gave him particular enjoyment. One highlight was the occasion of a two-mile handicap raced on the large New Plymouth track in New Zealand. This event was run as a straight out race. Every rider who entered any event at the carnival was given a start. Notwithstanding a limit mark of 350yds, Leo and his fellow scratchmarkers rode through the field. He hit the front with 200 yards to go, and held on to win. The magnitude of the race is highlighted by the prize money, the princely sum of \$2.50. Hopefully he did not have to split that amount with his fellow scratch riders!

During the 1960s he proved to be a dominant rider in professional ranks at the then-new Lake Monger Velodrome.

Leo is particularly proud of his involvement in campaigning for the introduction of racing helmets in road races. During the late 1950s Leo was the Kalgoorlie club's delegate to the WA League of Wheelmen. He recognised the need for the protection that helmets provide, and agitated for their compulsory wearing. It took some time before he eventually wore down the other committee members. They agreed that helmets would be compulsory for just one race, a massed start event to be held in Mundijong. Soon after the start there was a massive pile up in which most of the field came down. At the next committee meeting, it was unanimously agreed that in future events, helmets would become compulsory for all road events.

Leo believes that the Victorian professional league followed this lead soon after, and then amateur bodies throughout the country followed suit. The wearing of helmets in road racers is now universally adopted throughout the world.

Leo has three sons, two of whom followed their Dad's interest in cycling. Craig Enright was a handy clubman rider, whilst Scott, the youngest of the three, won a trophy for most points gained at the 1989 Westral carnival. At a time when Scott was showing great promise, he suffered the onset of cancer. Fortunately, he survived that battle, but never took to the bike again.

Like many of his retiree colleagues, Leo's life is full of activity. He is a qualified therapeutic masseur and in addition to running a clinic, he also lectures massage techniques to students at both the local TAFE college and the local hospitals. He has developed an interest in making jewellery, especially pieces involving gold fused to silver. For many years Leo has also been involved in picture framing. This is yet another of the wide range of interests that keep this Armadale resident active.

Leo has seen many fine cyclists during his involvement in the sport. Three in particular made the greatest impression and stand out in his memory. Firstly, Dean Whitehorn, from South Australia. Although not achieving the same level of fame on the world cycling scene as some of his contemporaries, Whitehorn had the distinction of being one of the very few riders who were regularly handicapped behind scratch. He was not only a handicap rider without peer, but he often toyed with opposition riders in scratch races before merely riding away from them. Even when past his prime, Dean Whitehorn continued to be a dominant rider in South Australia for many years.

Leo ranks the legendary Sid Patterson as being not only a superb rider, but the greatest showman he has seen in a bike race. Leo recalls the breathtaking manner in which 'Patto' would sweep around the outside of a field, seemingly travelling at twice the speed of other riders, and then cruise up the straight to win easing down.

Russell Mockridge is the other rider that Leo remembers most fondly, not as the track rider where he gained his early fame (dual gold medallist at the Helsinki Olympic Games) but as a road rider. Mockridge switched to road racing because that form of racing offered the best career prospects. He had one start in the Tour de France where he created a great impression despite suffering from bronchitis for much of the race. Mockridge was preparing for a return to Europe when he was tragically killed in a traffic accident during a road race. In Leo's estimation, Mockridge made road racing an art form.

A trip down memory lane is one of the pleasures of a discussion with Leo. As a cyclist who has over the years 'been there and done that', both as a competitor and a club official, it is refreshing to find that cycling, both as a competitive sport and a way of life, still has an attraction and a source of satisfaction for one of the sport's stalwarts.

Tom Lyons

Roger Sutton Points Competition

It all comes down to the last race at Kewdale on 26 March when the challenge will be on between Dashing Dave Townson, Gerry the Silver Fox and the pocket destroyer George Miller – all others being out of contention for 1st place in the points score, though there could be some keen fights for the lesser placings. Presentations will be made after the Wangara Criterium on 2 April – come along to acclaim the winners while munching on free bangers and buns. Full results next newsletter.

1. Dave Townson 152; 2. Gerry Lawford 149; 3. George Miller 146; 4. Doug Macdonald 136; 5. Trev Robson 127; 6. Bob Stephens 127; 7. Andrew Brierley 125; 8. Larry Ross 116; 9. Paul Crespi 115; 10. Des Williams 108; 11. Ray Craig 106; 12. Steph Ratcliffe 106; 13. Paul Moke 104; 14. Denis Robinson 102; Eq. 15. Gary Boterhoven, Alan Clark, Steve Illich 101; Eq. 18. Gary Collett, Tony Speechley 93; 20. Dave Bebee 91.

QUIZ NIGHT 17 February

Thanks to the efforts of Alan and Sheona Clark and to Quiz Master Mark Keyser, it turned out a very profitable night with lots of lovely dollars pouring into the club's coffers as a result of the generosity of the 76 supporters who attended the proceedings.

Race Numbers

Unfortunately too many riders have been taking their numbers home rather than handing them in at the end of a race. This has caused some problems for the administration of events and so it has been agreed that anyone forgetting to hand in their number will in future be fined \$10 for the inconvenience caused. We do this reluctantly but it's in the interest of all that good housekeeping habits are observed.

Warning

A number of dangerous situations arising out of aggressive or careless riding have occurred in some of our races. Following complaints from riders who have requested urgent action, don't be surprised if you are

fined by our referees for any indiscretions when in the bunch. You can always appeal against any decisions but any appeal should be submitted in writing within 30 minutes of the end of a race and should be accompanied by a \$20 appeals fee. This will be refunded if the complaint is cleared but will be forfeited if the complaint is upheld. This action is for your own safety and safety of fellow competitors.

Accident File

Bad luck saw both Dave Bebee and Ray Clancey bite the dust the day before they were due to ride in the Criterium Championships. We wish both a speedy recovery. Also on the recovery trail is Derek McVickers who hit the deck when riding a time trial – stick to the road racing Derek there are lots of people around who will stop you from falling off!!

Insurance & Membership Renewal

Please note that this will be the last newsletter sent to those who have not paid their 2006 membership. Get out the cheque book and make out your fee to the WCMCC as soon as possible.

Rules of Racing

We take the opportunity of drawing your attention to the AVCC Racing Rules and Regulations. They are straightforward and based on common sense. They are also few in number and should be read by every member. Remember – ignorance is no defence in law!

Australian Veteran Cycling Council Racing Rules and Regulations

1. Eligibility

To be eligible to compete in any event run under the jurisdiction of the AVCC, the competitor must be a financial member of a State/Territory body affiliated to the AVCC and must be covered by a racing insurance.

2. Age Qualification

Membership of the AVCC is accepted on 1st January of the year in which a male reaches 35 years of age, or a female 30 years of age.

3. Misconduct

A competitor who is guilty of misconduct, disobeying an official, using undesirable language, striking or attempting to strike another member during the progress of an event, or at a place where the event is being

conducted, shall be suspended, or fined, or both.

4. Judging

The finish of a race shall be judged by the first part of a bike that reaches an 'imaginary' line approximately 343 mm above a finish line.

5. Flags

A black and white chequered flag shall denote a race finish. A red flag denotes danger and cyclists must stop if directed by the official displaying the flag. If a red flag is displayed from an official vehicle in a controlled race, no cyclist may pass the vehicle until the flag has been withdrawn.

6. Equipment and Clothing

a) Race numbers must be prominently displayed at all times. Numbers must not be folded or damaged in any way and must be returned after the finish.

b) An approved and securely fastened helmet must be worn on the head at all times while riding.

c) Competitors should be neatly attired at the start of a race and at after-race presentations. Racing jerseys must be designed so as to cover the upper arms and shoulders.

d) Only equipment sanctioned and approved by the AVCC Inc. shall be permitted in races under its patronage, while bars such as 'Spinaci' bars and 'Tri' bars shall only be permitted in Time Trials. Handlebar ends must be plugged.

e) It is an offence to compete on any bicycle unless it is mechanically sound and maintained to the highest safety standards. 'Singles' must be securely glued to the rim and road bicycles must be equipped with two efficient, independent brakes.

7. Mechanical Mishaps

a) If a mechanical mishap occurs (a puncture, machine damage or a fall) approaching the finish of a race, the competitor may run with or carry the bicycle over the line and still qualify for a finishing prize.

b) In a criterium race, if a mechanical mishap occurs (a puncture, machine damage or a fall), time out shall be allowed. The duration of the time out shall be determined by the race referee and the information conveyed to the competitors before the race. A competitor taking time out will not be allowed to gain advantage in terms of placing in the field when re-entering the race and must report to the referee to re-enter the race. Any rider who has been lapped by his/her own grade shall withdraw from the race at the showing of two laps to go board, or at the discretion of the referee. No rider shall take assistance from any grade other than his/her own. In the event of a breakaway lapping their grade, the sprint for minor places will be at the discretion of the referee.

8. General Racing Rules

a) All competitors are expected to abide by the State/Territory traffic laws, which include keeping to the left of the carriageway on open roads and not crossing double white lines. Competitors should avoid unnecessarily obstructing other traffic.

b) Dangerous riding, including the practice of saluting by removing one or both hands off the bars at a finish, will not be tolerated and the referee shall discipline any rider whom he/she deems to be guilty of this practice, or any other act that endangers other riders or road users.

c) At any time during a race that a sprint occurs the sprint rules shall apply whereby sprinting riders shall keep to a straight line. Anyone suddenly veering, pushing or pulling, or in any other way causing dangerous obstruction shall be penalized.

d) Competitors who receive outside assistance during a road race, such as holding onto or receiving pace from a moving vehicle or from non-or retired competitors or who receive refreshments or bike assistance (unless specifically sanctioned beforehand by the race referee) shall be disqualified.

e) A competitor who is lapped or caught by another grade other than his/her own in a scratch race must not interfere with, or assist any other competitor nor participate in any sprints. The lapped rider must give way to the passing rider or group. It is a serious offence to sit in a bunch or share pace once lapped.

9. Penalties

a) Any riders breaching the above general racing rules shall be liable for a fine, disqualification, suspension or any combination of the three at the discretion of the referee.

b) Any competitor fined by his/her club or State/Territory body shall not be permitted to compete in any race under any body affiliated to the AVCC until such time as the penalty or suspension has been finalized.

c) Penalties shall be set by the relevant State/Territory body. In AVCC championships the penalties of the promoting State/Territory body shall apply.

d) Appeals against a referee's decision shall be made in writing within thirty minutes of the decision being announced to the competitor. The process for appeals shall be determined under the rules of the State/Territory body involved.

10. Prizes & Positions

Competitors who believe they have qualified for a prize shall claim their placings with the claims stewards immediately after the finish. Prizewinners shall attend prize-giving ceremonies unless they have been granted dispensation by the race organizer.

MJD/March/Apl'06

19 March – Cycle Instead – WCMCC Criterium Age Division Championships, Smeaton Way, Rockingham

Note: *This event is part of the 'Bikeweek' activities.*

Points will be awarded in the Age Criterium titles for the **Roger Sutton Points Competition**
The timetable for the event will be as follows, though note riders should be at the line at least 30 minutes before these times as some groups may be combined (depending on numbers).

Distances = **time + 2 laps**

Start time/Divis./Distance/Est. finish

8.30am - 70+ .	20mins	8.56 *
8.32am - 50-54	40mins	..9.18
8.58am - 35-39	45mins	..9.49
9.20am - 55-59	40mins	10.06
9.51am - 65-69	25mins	10.22
10.08am - 40-44	45mins	10.59
10.29am - 60-64	30mins	11.05
11.01am - 45-49	45mins	11.52

12.15pm **Prize Presentations**

* also 75 yrs plus, 80yrs plus (these riders compete for medals in their own age division but compete for money prizes in the combined division).

Women all categories will compete for age div. medals and overall cash prizes and compete two divisions above their age.

Please note that prize-winners will be expected to stay for the presentation

NOMS Must be received 7 days in advance. Ring Racing Secretary, Sheona Clark on 93592747.